

# ELIOT & VINE

Check in by texting **Wine** to **11011**

Standard message and data rates apply.  
Text HELP for more information or STOP to opt

## APPETIZERS/ SHAREABLES

### Mixed Greens Salad

Bell peppers, red onion and carrots on a bed of mixed greens, dressed with roasted red pepper and lemon vinaigrette (Vegan, GF) 12

### Summer Caesar

Romaine, sliced red onion, asiago and smoked bacon, topped with local LF bakery crostinis and house-made lemon & peppercorn vinaigrette (VO, GFO) 13

### Fries

Enjoy on the side or on their own (GFO, V) 7

### Flatbread

Goat cheese, caramelized onions, Oulton's smoked bacon, bechamel, honey (VO) 18

### Charcuterie

Canadian + European cheese, salumi variety, assorted crackers, olives, mixed roasted nuts, stone fruit compote (GFO) 28

\* **vegetarian cheese-only board available**

### Fried Brussel Sprouts

Walnuts, brown butter, parmigiano reggiano, balsamic reduction (VO, GFO) 14

### Scallops

Digby scallops pan-seared, served with a Caribbean maple jerk sauce (GF) 18

### Risotto Croquettes

Crispy, fried mushroom risotto filled with brie, served on an orange pomodoro (V) 14

### Whiskey Flambéed Garlic Shrimp

Pan-seared shrimp, flambéed in Glenfiddich whiskey, finished with roasted garlic and cream, served along toasted baguette (GFO) 16

**HAPPY HOUR UNTIL 5:30pm, 6pm  
on the patio!**

**\$6 BEER + WINE**

**BUCK-A-SHUCK OYSTER SPECIAL**

Ask your server.

## PASTAS

### Napoletana

Balsamic marinated and grilled vegetables with a sundried tomato and pesto sauce, served on spaghetti (V) 22

### Scallop and Salmon Tagliatelle

Handmade egg yolk pasta with arugula pesto, finished with lemon and butter, topped with parmesan 28

## MAINS

### Lamb Biryani

24-hour braised lamb shank, Indian biryani rice w/ almond + apricot, grilled naan, lemon yoghurt (GFO) 28

### Salmon

Brined + pan-seared Atlantic salmon fillet, pan fried potato hash, tarragon and lemon cream (GF) 24

### Steak Frites

6oz. Nova Scotian beef tenderloin, served medium-rare, red wine demi-glace, along seasonal vegetables and parmesan fries (GFO) 38

### Mushroom Risotto

Wild mushroom risotto, made with mushroom and chicken stock (GF) 22

**'High 5'** Show some extra love to the kitchen! 5

Please inform your server of any allergies or sensitivities.

GF = Gluten free

V = Vegetarian

O = Option available

October 2, 2021